

# Assisted Living



## RATES EFFECTIVE JAN. 1, 2024

Bethany Senior Living Apartments  
1953 S 7th St  
Brainerd, MN 56401  
(218) 829-1407  
www.good-sam.com

### DEPOSITS/FEES:

Non-refundable Administrative Processing Fee (paid upon acceptance of application) .....	\$250.00
Security Deposit .....	\$1,000.00
Initial Nurse Assessment Fee (new community admit) .....	\$500.00
Initial Nurse Assessment Fee (current resident).....	\$500.00
One-time, Non-refundable Pet Fee (if applicable) .....	\$1,500.00
Unit Transfer Fee (if applicable).....	\$250.00

### MONTHLY FEES:

**\*\*\*For RESIDENTS that are declining services, just the Housing Fee and a Base Services Fee of \$536.00 will be assessed. The Healthcare Services Fee will not be assessed.\*\*\***

I hereby decline healthcare services \_\_\_\_\_  
(Resident Signature)

\_\_\_\_\_  
(Resident Signature)

Unit Type	Square Feet	Housing Fee (non-optional)	Base Services Fee (non-optional)	Total Monthly Fee (non-optional)
1 bed 1 bath	550	\$1,092.00	\$536.00	<b>\$1,628.00</b>
2 bed 1 bath	734	\$1,181.00	\$536.00	<b>\$1,717.00</b>
Additional Person Base Services Fee		N/A	\$247.00	<b>\$247.00</b>

**\*Additional fees for healthcare and other optional services listed below\***

### INCLUDED IN HOUSING FEE

- Private apartment with lockable door that can be personally furnished and decorated
- Spacious floor plans including full kitchen (includes refrigerator, range, and window coverings)
- Utilities (water, sewer, electric, garbage) (telephone not included)
- Individually controlled heating and air conditioning
- General maintenance of the grounds, building, apartment and furnished appliances
- Parking areas located around the building
- Interior individual mailboxes located near entrances to the building
- Controlled security access

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- Access to amenities:
  - RESIDENT lounge area
  - Chapel with scheduled services
  - Private meeting spaces
  - Private dining opportunities
  - Beauty/barber Shop (for those who elect healthcare services) (extra charge applies per beautician fees)
  - Outdoor sitting area

### **INCLUDED IN BASE SERVICES FEE**

- 24-hour qualified staff coverage
- Basic cable television
- Wireless internet access
- Spiritual ministries, recreational, exercise, and well-being opportunities available and communicated by activity calendar
- Scheduled transportation for social purposes (please see Apartment Manager for availability and fees that may apply)
- Daily well-being checks
- Priority access to Good Samaritan Society Bethany Care Center for rehabilitation/ therapy/long term care
- Mail service - incoming and outgoing

### **ADDITIONAL BASE SERVICES FOR THOSE ELECTING HEALTHCARE SERVICES (INCLUDED IN BASE FEE)**

- Personal emergency response pendant
- Light housekeeping once per week
- Daily trash removal
- Scheduled daily homemaking service (washing dishes, bed making)
- Laundry service, two loads one time per week
- One scheduled linen service and bedding change per week
- Assistance with scheduling medical appointments and arranging transportation

### **HEALTHCARE SERVICE LEVELS – ASSISTED LIVING**

#### **This assisted living community offers Healthcare Service Levels: 1 - 5**

The philosophy of Assisted Living is built on the foundation of promoting and maintaining a resident's highest level of independence and self-sufficiency. Every resident will be assessed by a licensed nurse and assigned a healthcare service level based on the total points of that assessment. While meeting

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some specific criteria from the identified levels will determine the resident's level of care, it is not essential that the resident meet every criterion listed to be placed into the determined level. Residents will be provided services within their healthcare level based on their assessed needs for those services. Residents will be notified when there is a change in the level of care.

This assisted living community offers Healthcare Services Level 1 – 5. Should a resident be evaluated as needing healthcare services exceeding those provided, discharge to a facility providing a higher level of care will be arranged. The staffing level required for your care cannot compromise or require changes to the overall staffing level at the Community.

### **HEALTHCARE SERVICES LEVEL 1 .....\$455.00**

- 24/7 licensed nurse available to medication aides or universal workers for questions and concerns
- **Registered nurse (RN) Level of Care Evaluation:** minimally upon admission, annually, and with changes in condition and/or as required per state regulations or Good Samaritan Society policy
- **Healthcare coordination:** managing physician orders, may include appointment scheduling
- **Vital signs/weight monitoring:** monthly

### **HEALTHCARE SERVICES LEVEL 2 .....\$770.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 1-3 times daily (does not include staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** set up and cueing assistance by staff (no hands on assistance)
- **Dressing/undressing:** assistance with selection and laying out of clothes (set up) and/or assistance with adaptive devices
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance)
- **Cognition:** redirection and cueing (less than weekly) related to cognitive impairment
- **Safety/risk:** additional fall risk interventions

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### **HEALTHCARE SERVICES LEVEL 3 ..... \$1,300.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 1-2 times daily
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** limited bathing/showering assistance (up to 2x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** cueing/limited hands on assistance with buttons, snaps, zippers, laces, includes assistance with application/removal of TED stockings/hose
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance)
- **Mobility/transferring:** escorting to and from meals and activities
- **Cognition/behavior:** recurring redirection and cueing (less than daily) related to cognitive impairment and/or reassurance in response to fear, anxiety and/or paranoia
- **Safety/risk:** additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 4 ..... \$1,630.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 3 or more times daily; includes management and monitoring of nebulizer treatments, oxygen, BIPAP/CPAP and ostomy/catheter care (no additional ancillary charges for these in Levels 4)
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** hands on assistance of one staff person (up to 2x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)

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- **Dressing/undressing:** hands on assistance with AM and/or PM dressing; resident able to perform some tasks independently, includes assistance with application/removal of TED stockings/hose
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance) catheter/ostomy care by nurse
- **Mobility/transferring:** escorting to and from meals and activities
- **Cognition/behavior:** daily assistance with reorientation and redirection in response to cognitive impairment and/or reassurance in response to fear, anxiety and/or paranoia
- **Safety/risk:** required or requested checks every 4-7 hours; additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 5 ..... \$2,215.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 3 or more times daily; includes management and monitoring of nebulizers treatments, oxygen, BIPAP/CPAP and ostomy/catheter care (no additional ancillary charges for these in Levels 4 & 5)
- **Nutrition:** feeding assistance
- **Bathing/showering:** hands on assistance of up to one staff person (up to 3x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** total hands on assist with AM, PM and PRN dressing tasks, includes assistance with application/removal of TED stockings/hose
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance) catheter/ostomy care by nurse
- **Mobility/transferring:** escorting to and from meals and activities
- **Cognition/behavior:** ongoing staff monitoring, redirection and management for inappropriate behaviors including, but not limited to: sexually inappropriate behaviors, urinating in inappropriate places and/or smearing feces or other bodily fluids, undressing in public areas, hallucinations or delusions, verbally or physically aggressive/intrusive/combative behaviors (including destruction of property); frequently refuses to accept cares (e.g., medications, dressing, going to the dining room for meals, getting out of bed, toileting, changing incontinent products, etc.)

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- **Safety/risk:** required or requested checks every 1-3 hours; additional fall risk interventions
- **Laundry:** up to three scheduled loads of personal laundry and two linen changes weekly

The following provides a listing of the assisted living community's ancillary services and associated charges. The a la carte services listed in the **Additional Healthcare Services** section are intended to augment the healthcare service levels to allow for the greatest amount of service provision without unduly placing any resident in a healthcare services level higher than minimally required.

### **ANCILLARY SERVICES**

#### **Additional Home Management**

Laundry services (per additional load) .....	\$18.00
Housekeeping services	
Additional light housekeeping services (per 15 min) .....	\$18.00
Deep cleaning services (i.e. oven, carpets, windows) (per 15 min) ....	\$18.00
Professional cleaning services .....	(actual cost)
Additional general maintenance service (per 15 min) .....	\$18.00
Repairs, upgrades, alterations .....	(actual cost)
Replacing lost mailbox or apartment key (per key) .....	\$25.00
Personal Emergency Response pendant replacement (each) .....	(actual cost)
Salon services .....	(rates posted)
RESIDENT meal service	
Breakfast (per month) .....	\$170.00
Lunch (per month) .....	\$270.00
Supper (per month) .....	\$195.00
3-Meals per day (per month) .....	\$550.00
Individual meal delivery (complimentary up to 3 consecutive days of illness)	\$5.00
Monthly meal delivery – per meal plan .....	\$120.00
Garage (per month, if applicable) .....	\$55.00
Guest suite (per night, reservation required) .....	\$80.00
Meal - Guest .....	\$15.00
Copies or faxes (per page, per side) .....	\$0.10
Postage .....	(actual cost)

#### **Additional Healthcare Services:**

Bath/shower with physical assistance: all assisted baths/showers if Levels

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1 & 2; > 2 baths/showers/week if Levels 3 or 4; > 3 bath/showers/week if Level 5 (per 30 min; each) .....	\$35.00
Foot care, non-diabetic, includes soak, pumice & nail trim (each time) ....	\$39.00
Foot care, diabetic, by RN, includes soak and toe nail trimming (each time) .....	\$55.00
Grooming assistance (per month, included in Levels 3 – 5).....	\$300.00
Injections, nurse assisted, does not include insulin (each) .....	\$30.00
Medications, Warfarin/Coumadin monitoring/management (per month; included in Levels 3 – 5) .....	\$237.00
Medications, controlled substance tracking/management (per month; included in Levels 3 - 5).....	\$237.00
Medication passes exceeding 6/day (per month).....	\$198.00
Medication pill box set up (per month, Level 1 only; included in Levels 2-5) .....	\$237.00
Nursing supplies and equipment.....(established rates)	
Personal services by nurse (per 15 min) .....	\$30.00
Personal services by non-licensed staff, may include escorting (per 15 min) .....	\$18.00
Pharmacy, use of non-preferred* (per month) .....	\$165.00
Pharmacy, use of mail order for some or all medications* (per month) ....	\$165.00
Specimen collection i.e. blood draws, urine, stool samples (each) .....	\$35.00
Treatments:	
Assistance with air humidifier maintenance (per month) .....	\$60.00
Assistance with catheter care (per month, included in Levels 4 & 5) .....	\$330.00
Assistance with CPAP/BIPAP (per month, included in Levels 4 & 5) .....	\$330.00
Assistance with nebulizer treatments (per month, included in Levels 4 & 5) .....	\$660.00
Assistance with ostomy care (per month, included in Levels 4 & 5).....	\$330.00
Assistance with oxygen therapy (per month, included in Levels 4 & 5) .....	\$330.00
Assistance with compression/TED stockings/hose (per month, included in Levels 3 – 5) .....	\$330.00

*\*Excludes residents who receive medications directly from the Veterans Administration, Thrifty White and Guidepoint.*

**RATES ARE SUBJECT TO CHANGE WITH PROPER WRITTEN NOTICE**



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