

# Assisted Living



Hidden Creek  
75303 240th St  
Albert Lea, MN  
(507) 379-2737  
good-sam.com

## RATES EFFECTIVE JAN. 1, 2024

### DEPOSITS/FEES:

Non-refundable administrative processing fee (paid upon acceptance of the application).....	\$50.00
Refundable security deposit .....	\$700.00
Non-refundable pet fee .....	\$700.00

### MONTHLY FEES:

**\*\*\*For RESIDENTS that are declining services, just the Housing Fee and Base Services Fee will be assessed. The Healthcare Services Fee will not be assessed.\*\*\***

I hereby decline healthcare services \_\_\_\_\_  
(Resident Signature)

\_\_\_\_\_  
(Resident Signature)

Unit Type	Square Feet	Housing Fee (non-optional)	Base Services Fee (non-optional)	Total Monthly Fee (non-optional)
Daffodil – 1 bed	445	\$1,454.00	\$998.00	<b>\$2,452.00</b>
Sunflower - 2 bed	585	\$1,739.00	\$998.00	<b>\$2,737.00</b>
Rose - 2 bed 2 bath	775	\$1,987.00	\$998.00	<b>\$2,985.00</b>
Additional Person Base Services Fee	N/A	\$467.00	\$467.00	<b>\$467.00</b>

**\*Additional fees for healthcare and other optional services listed below\***

## INCLUDED IN HOUSING FEE

- Private apartment with lockable door that can be personally furnished and decorated
- Furnished appliances (refrigerator, microwave, mini-blinds)
- Basic utilities (water, sewer, electricity, heating, cooling, refuse collection) (does not include telephone)
- Individually controlled heating and cooling
- Community laundry room
- General upkeep and maintenance of apartment and furnished appliances
- Building and grounds maintenance (snow removal, lawn care)
- Uncovered parking for RESIDENTS and guests

## ***Assisted Living***

- Interior private mailboxes
- Access to amenities and common areas including library, activity room, private dining room, lounges and gathering areas, sunrooms, exercise room, with the ability to reserve certain common areas for private use
- Salon services on site

<b>INCLUDED IN BASE SERVICES FEE</b>
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- Personal emergency response system (for those on services)
- 24 hour on-site staff
- Basic cable TV
- Wireless internet access
- Light housekeeping once per week
- Daily trash removal from apartment
- Two scheduled loads of personal laundry per week
- One scheduled load of bed linens washed and changed per week
- Coffee, tea and fruit available 24 hours with snacks provided for afternoon coffee
- Transportation for scheduled local shopping trips, scheduled medical appointments and scheduled community events (based upon Hidden Creek's capabilities)
- Assistance with coordination of appointments and transportation
- Priority access to healthcare at Good Samaritan Society – Albert Lea

## Assisted Living

### HEALTHCARE SERVICE LEVELS – ASSISTED LIVING

#### This assisted living community offers Healthcare Service Levels: 1 - 4

The philosophy of Assisted Living is built on the foundation of promoting and maintaining a resident's highest level of independence and self-sufficiency. Every resident will be assessed by a licensed nurse and assigned a healthcare service level based on the total points of that assessment. While meeting some specific criteria from the identified levels will determine the resident's level of care, it is not essential that the resident meet every criterion listed to be placed into the determined level. Residents will be provided services within their healthcare level based on their assessed needs for those services. Residents will be notified when there is a change in the level of care.

This assisted living community offers Healthcare Services Level 1 – 4. Should a resident be evaluated as needing healthcare services exceeding those provided, discharge to a facility providing a higher level of care will be arranged.

#### **HEALTHCARE SERVICES LEVEL 1 ..... \$994.00**

- 24/7 licensed nurse available to medication aides or universal workers for questions and concerns
- **Registered nurse (RN) Level of Care Evaluation:** minimally upon admission, annually, and with changes in condition and/or as required per state regulations or Good Samaritan Society policy
- **Healthcare coordination:** managing physician orders, may include appointment scheduling
- **Vital signs/weight monitoring:** monthly

#### **HEALTHCARE SERVICES LEVEL 2 ..... \$1,335.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 1-3 times daily (does not include staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** set up and cueing assistance by staff (no hands on assistance)
- **Dressing/undressing:** assistance with selection and laying out of clothes (set up) and/or assistance with adaptive devices
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance)

## ***Assisted Living***

- **Cognition:** redirection and cueing (less than weekly) related to cognitive impairment
- **Safety/risk:** additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 3 ..... \$1,716.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 1-2 times daily
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** limited bathing/showering assistance (up to 2x's weekly)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** cueing/limited hands on assistance with buttons, snaps, zippers, laces, includes assistance with application/removal of TED stockings/hose
- **Toileting:** occasional incontinence assistance (less than daily)
- **Mobility/transferring:** escorting to and from meals and activities
- **Cognition/behavior:** recurring redirection and cueing (less than daily) related to cognitive impairment and/or reassurance in response to fear, anxiety and/or paranoia
- **Safety/risk:** additional fall risk interventions

### **HEALTHCARE SERVICES LEVEL 4 ..... \$2,210.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 3 or more times daily; includes management and monitoring of nebulizer treatments, oxygen, BIPAP/CPAP and ostomy/catheter care (no additional ancillary charges for these in Level 4)
- **Nutrition:** set up assistance with meals (opening cartons, cutting meat)
- **Bathing/showering:** hands on assistance of one staff person (up to 2x's weekly)

## **Assisted Living**

- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** hands on assistance with AM and/or PM dressing; resident able to perform some tasks independently, includes assistance with application/removal of TED stockings/hose
- **Toileting:** incontinence assistance at least once daily; includes catheter/ostomy care by nurse
- **Mobility/transferring:** occasional one person hands-on physical assistance
- **Cognition/behavior:** daily assistance with reorientation and redirection in response to cognitive impairment and/or reassurance in response to fear, anxiety and/or paranoia
- **Safety/risk:** required or requested checks every 4-7 hours; additional fall risk interventions

The following provides a listing of the assisted living community’s ancillary services and associated charges. The a la carte services listed in the **Additional Healthcare Services** section are intended to augment the healthcare service levels to allow for the greatest amount of service provision without unduly placing any resident in a healthcare services level higher than minimally required.

### **ANCILLARY SERVICE CHARGES**

#### **Additional Home Management**

Laundry services (per additional load) .....	\$18.00
Housekeeping services	
Additional light housekeeping services (per 15 min) .....	\$18.00
Deep cleaning services (i.e. oven, carpets, windows) (per 15 min) ....	\$18.00
Professional cleaning services .....	(actual cost)
Daily bed-making service (per month) .....	\$180.00
Additional general maintenance service on personal items (per 15 min)	\$18.00
Repairs, upgrades, alterations.....	(actual cost)
Meal package – 3 meals per day (monthly).....	\$550.00
Meal – Resident tray service (per meal delivered) .....	\$5.00
Telephone services includes long distance.....	\$40.00
Replacing lost mailbox or apartment key .....	\$25.00
Personal Emergency Response pendant replacement (each) .....	\$185.00
Salon services .....	(rates posted)
Guest suite at Hidden Creek includes continental breakfast (per night)..	\$80.00
Meal - Guest breakfast (adult or child) (24 hour notice appreciated) .....	\$6.00
Meal - Guest lunch (adult) (24 hour notice appreciated).....	\$12.00
Meal - Guest dinner/supper (adult) (24 hour notice appreciated).....	\$12.00
Meal - Guest holiday/special meal (adult) (24 hour notice appreciated) ...	\$15.00


## **Assisted Living**

Meal - Guest holiday/special meal (child) (24 hour notice appreciated).....	\$10.00
Copies or faxes (per page, per side) .....	\$0.10
Postage .....	(actual cost)

<b>Additional Healthcare Services:</b>
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Bath/shower with physical assistance (based on average of 15 min each time)	\$35.00
<ul style="list-style-type: none"> <li>• If level 1 or 2, hands on assistance with any bath/shower</li> <li>• If level 3 or 4, each additional bath/shower beyond 2 per week</li> </ul>	
Bath - whirlpool (beyond bathing/showering offered in healthcare service level or per community protocol) (based on average 30 min each time)	\$45.00
Foot care, non-diabetic, includes soak, pumice & nail trim (each time) ...	\$39.00
Foot care, diabetic, by RN, includes soak and toe nail trimming (each time)	\$55.00
Grooming assistance (per month, included in Levels 3 –4) .....	\$300.00
Injections, nurse assisted, does not include insulin (each) .....	\$30.00
Medications, anticoagulant monitoring/management (per month; included in Levels 3 – 4).....	\$238.00
Medications, controlled substance tracking/management (per month; included in Levels 3 - 4) .....	\$238.00
Medication pill box set up (per month, Level 1 only; included in Levels 2-4)	\$333.00
Personal services by nurse (per 15 min) .....	\$30.00
Personal services by non-licensed staff, may include escorting (per 15 min)	\$18.00
Pharmacy, use of non-preferred (per month) .....	\$165.00
Pharmacy, use of mail order for some or all medications (per month).....	\$165.00
Specimen collection i.e. blood draws, urine, stool samples (each) .....	\$35.00
<b>Treatments:</b>	
Assistance with catheter care (per month, included in Level 4) .....	\$330.00
Assistance with CPAP/BIPAP (per month, included in Level 4) .....	\$330.00
Assistance with nebulizer treatments (per month, included in Level 4)	\$660.00
Assistance with ostomy care (per month, included in Level 4) .....	\$330.00
Assistance with oxygen therapy (per month, included in Level 4)....	\$330.00
Assistance with compression/TED stockings/hose (per month, included in Levels 3 – 4) .....	\$330.00

**RATES ARE SUBJECT TO CHANGE WITH PROPER WRITTEN NOTICE**

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