



## WEEKLY MENU

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	Oatmeal, Fruit Berry French Toast Bacon	Oatmeal, Fruit Scrambled Eggs, Sausage	Cream of Wheat, Fruit, Chocolate Chip Pancakes, Sausage	Oatmeal, Fruit, Cheese Omelet, Pork Bacon	Oatmeal, Fruit, Scrambled Eggs, Ham	Cream of Wheat, Fruit, Belgian Waffles w/ Toppings, Sausage	Oatmeal, Fruit, Cheesy Eggs, Pastry
<b>Lunch</b>	Guinness Beef Stew, Parsnip and Potato Mash, Braised Cabbage, Irish Soda Bread, Irish Crème Chocolate Bundt Cake	Braised Beef, Mashed Potatoes & Gravy, Green Peas, Ginger Mango Cupcakes	Chicken Fried Chicken and Gravy, Mashed Butternut Squash, Green Beans, Chocolate Chip Cookie	Wild Rice Meatloaf w/ Gravy, Mashed Cauliflower, Succotash, Chocolate Applesauce Cake	Maple-Glazed Pork Loin, Smashed Red Potatoes, Seasoned Carrots, Apple Orchard Bar	Spaghetti & Meatballs, Garden Salad, Garlic Bread, Caramel Brownies	Chicken Lo Mein, Sugar Snap Peas, Cherry Crisp
<b>Supper</b>	Italian Hoagie, Broccoli Salad, Chocolate Pudding Parfait	Turkey Sweet Potato Shepherd's Pie, Glazed Carrots & Parsnips, Maple Pecan Bread Pudding	Egg Salad Croissant, Tomato Cucumber Salad, Blondie	Chicken Enchiladas, Chili Dusted Squash & Peppers, Pumpkin Bread Pudding	Open-faced Hot Roast Beef Sandwich, Pickled Beets, Mocha Mousse	Texas Beef Chili, Dinner Roll, Lemon Chess Pie	Turkey Burger w/ Guacamole, Tomato, Zucchini, & Yellow Squash, Specialty Ice Cream
<b>Alternatives</b>	Spinach Artichoke Mac & Cheese, Veg of the Meal  Soup: Vegetable Soup	Herb Crusted Fish, Butternut Squash Risotto, Veg of the Meal  Soup: Pumpkin	Salmon Patty, Scalloped Potatoes, Veg of the Meal  Soup: Matzoh Ball Soup	Loaded Baked Potato, Veg of the Meal  Soup: Chicken Orzo Soup	Cajun Fish, Black Beans & Rice, Veg of the Meal  Soup: Chef Choice	Tuna Melt English Muffin, Veg of the Meal  Soup: Pepper Cabbage Soup	Adobo Marinated Beef, Buttered Noodles, Veg of the Meal  Soup: Tomato Rice Soup