Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 am Auxiliary Meeting 9:00am Floor & Core w/Carrie(WCR) 10:00 Movement for Well Being w/Carrie (WCR 11:00 All-In One w/Carrie (WCR) 12:00 GSS Resident Choir **Must Sign Up with Erin (SLC) 1:00 Balance w/Jackie (WCR) 1:00 Glamor Day ** 1: 00 Grief Support w/Phil (SLC) 1:30 BINGO w/Genevieve (SC) 1:45pm Walmart Shuttle *Sign up with Raquel 2:00 Drumming w/Jackie (WCR) 2:00pm Science with Ken (VC)	2 9:00am Water Aerobics (Pool) 9:30 Trains on the Railroad (West Grounds) 10:00am Art Class with Helena (SC) 10:00am Easy Needleworking w/Donita (VS) 11:00an Strength Training w/Jackie (WCR) 11:00 Music Therapy with Lindy (SC) 1:00pm Movement & Memory w/Jackie (WCR 1:30pm Game Time (GM) *resident-led* 2:00pm Balance w/Jackie (WCR) 2:30pm Big Time Live Music w/Craig Nelsen Ft. Ice Cream Social w/Krystal, Genevieve & Dorothy (MVDR) 3:00pm Advanced Circuit Training w/Carrie 3:00 Resident Dining Committee Meeting (GR)	3 9:00am Floor & Core w/Carrie (WCR) 9:45am King Soopers (Orchards) Shuttle *Sign up/Raquel 10:00 Movement for Well Being w/Carrie (WCR) 11:00 All-In One w/Carrie (WCR) 11:00am Devo./hymn sing with Barry (SLC) 1:00 Balance w/Jackie (WCR) 2:00 Drumming w/Jackie (WCR)	4 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) No Music and Motion Today 10:00 Friday Fitness (WCR) 1:00pm Friday Afternoon Crafters(GR) *resident-led* 1:30pm Game Time (GM) *resident-led* 1:30pm BINGO w/Krystal (SC) 3:00 Country Swing with Zarita (WCR) 3:00pm Live Piano Performance and Name That Song w/John Melton (SLC)	5 9:30 Trains on the Railroad (Grounds) 12:30pm Social Bridge (Wellness Center)
6 10:30am Worship Service and Communion (in the SLC and live streamed on GS14)	7 9:00am Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00am "Once Upon a Year" - Presentation by Jim Willard (SLC) 11:00am Strength Training w/Jackie (WCR) 11:00 Music & Melodies w/Lindy (SC) No Ping Pong Open Play Today 1:00pm Movement & Memory w/Jackie (WCR) 1:30pm Game Time (GM) *resident-led* 1:45pm Sprouts Shuttle *Sign up with Raquel 2:00pm Balance w/Jackie (WCR) 3:00pm Advanced Circuit Training w/Carrie (WCR) **Must see Evon to be signed up Labor Day	8 9:00am Floor & Core w/Carrie(WCR) 9:30am Monthly Memorial Service (VC) 10:00 Movement for Well Being w/Carrie 10:30 Kevin Cook's Nature Talk: (SLC) 11:00am All-In One w/Carrie (WCR) 12:00 GSS Resident Choir **Must Sign Up with Erin (SLC) 1:00pm Balance w/Jackie (WCR) 1: 00 Grief Support w/Phil (SLC) 1:30 BINGO w/Genevieve (SC) 1:45pm Walmart Shuttle *Sign up with Raquel 2:00 Drumming w/Jackie (WCR) 3:00pm Alzheimer's Association Support Group (GR)	9 9:00am Water Aerobics (Pool) 9:30 Trains on the Railroad (West Grounds) 10:00am Immanuel Lutheran Devotions (SLC) 10:00am Easy Needleworking w/Donita (VS) 11:00 Strength Training w/Jackie (WCR) 12:00 Lunch & Learn: 1:00 Movement & Memory w/Jackie (WCR) 1:30pm Game Time (GM) *resident-led* 2:00 Balance w/Jackie (WCR) 3:00 Advanced Circuit Training w/Carrie (WCR) **Must see Evon to be signed up	10 9:00am Floor & Core w/Carrie (WCR) 9:45am King Soopers (Eagle Dr.) Shuttle *Sign up/Raquel 10:00am Uniguest University (GR) 10:00am Catholic Mass (VC) 10:00 Movement for Well Being w/Carrie 11:00 All-In One w/Carrie (WCR) 11:00am Devo./hymn sing with Phil (SLC) 1:00 Balance w/Jackie (WCR) 2:00 Drumming w/Jackie (WCR) 2:30 Honky Tonk Happy Hour with live music ft. the Eric Golden Band (MVDR)	11 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00 Friday Fitness (WCR) No Music and Motion Today 1:00pm Friday Afternoon Crafters(GR) *resident-led* 1:30pm Game Time (GM) *resident-led* 1:30pm BINGO w/Krystal (SC) 2:00pm Devorah the Therapy Dog with Redeemer Lutheran Visits (WC) 3:00 Country Swing with Zarita (WCR) Rosh Hashanah Begins	12 9:30 Trains on the Railroad (Grounds) 12:30pm Duplicate Bridge (Wellness Center)
13 10:30am Worship Service (in the SLC and live streamed on GS14) Grandparents Day	14 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00am iPad/iPhone Class w/Trent (GR) 11:00 Strength Training w/Jackie (WCR) 11:00 Music & Melodies w/Lindy (SC) 11:00 Out to Lunch "Cafe Athens" ** (WC) 12:30pm Ping Pong Open Play w/ Phil (SC) 1:00 Movement & Memory w/Jackie 1:30pm Game Time (GM) *resident-led* 2:00 Balance w/Jackie (WCR) 2:00 Watercolor Memories (SC) 3:00 Advanced Circuit Training w/Carrie (WCR) **Must see Evon to be signed up	15 9:00am Floor & Core w/Carrie(WCR) 10:00 Movement for Well Being w/Carrie WCR 10:00 Memory Cafe (SC) 11:00 All-In One w/Carrie (WCR) 11:30am Birthday Lunch** (MVDR) 12:00 GSS Resident Choir **Must Sign Up with Erin (SLC) 1:00 Balance w/Jackie (WCR) 1: 00 Grief Support w/Phil (SLC) 1:30 BINGO w/Genevieve (SC) 1:45pm Walmart Shuttle *Sign up with Raquel 2:00 Drumming w/Jackie (WCR) 3:00pm Book Club with the Loveland Library (GR)	16 9:00am Water Aerobics (Pool) 9:30 Trains on the Railroad (West Grounds) 10:00am "Ask a Nurse" (Oasis) 10:00am Art Class with Helena** (Pavilion) 10:00am Easy Needleworking w/Donita (VS) 11:00 Strength Training w/Jackie (WCR) 1:00 Movement & Memory w/Jackie (WCR) 1:30pm Game Time (GM) *resident-led* 2:00 Balance w/Jackie (WCR) No Big Time Live Music w/Craig Nelsen today 3:30 Disco Dance (SLC) 3:00 Advanced Circuit Training w/Carrie (WCR)	17 9:00am Floor & Core w/Carrie (WCR) 9:45am King Soopers (Orchards) Shuttle *Sign up with Raquel (WCR) 10:00 Movement for Well Being w/Carrie 11:00 All-In One w/Carrie (WCR) 11:00am Devo./hymn sing with Phil (SLC) 12:00 Pizza Party w/Krystal & Genevieve ** 1:00 Balance w/Jackie (WCR) 2:00 Drumming w/Jackie (WCR)	18 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00 Friday Fitness (WCR) 10:00 Parkinson's Support Group (GR) No Music and Motion Today 1:00pm Friday Afternoon Crafters(GR) *resident-led* 1:30pm Game Time (GM) *resident-led* 1:30pm BINGO w/Krystal (SC) 3:00 Country Swing with Zarita (WCR)	19 9:30 Trains on the Railroad (Grounds) 12:30pm Social Bridge (Wellness Center) Oktoberfest Begins
20 10:30am Worship Service (in the SLC and live streamed on GS14) 3:30pm "Gather and Sing" with Joan (SLC) TBD Yom Kippur Begins	21 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00am Veterans Coffee (GR) 11:00 Strength Training w/Jackie (WCR) 12:30pm Ping Pong Open Play w/ Phil (SC) 1:00 Movement & Memory w/Jackie 1:30pm Game Time (GM) *resident-led* 1:45pm Safeway (Taft) Shuttle *Sign up with Raquel (WC) 2:00 Balance w/Jackie (WCR) 3:00 Advanced Circuit Training w/Carrie (WCR) **Must see Evon to be signed up	22 9:00am Floor & Core w/Carrie(WCR) 10:00 Movement for Well Being w/Carrie -WC 11:00 All-In One w/Carrie (WCR) 12:00 GSS Resident Choir **Must Sign Up with Erin 1:00 Balance w/Jackie (WCR) 1: 00 Grief Support w/Phil (SLC) 1:30 BINGO w/Genevieve (SC) 1:45pm Walmart Shuttle *Sign up with Raquel 2:00 Drumming w/Jackie (WCR) 3:00pm Alzheimer's Association Support Group (GR) AUTUMN	23 9:00am Water Aerobics (Pool) 9:30 Trains on the Railroad (West Grounds) 10:00am Immanuel Lutheran Bible Study (SLC) 11:00 Strength Training w/Jackie (WCR) 1:00 Movement & Memory w/Jackie (WCR) 1:30pm Game Time (GM) *resident-led* 2:00 Balance w/Jackie (WCR) 2:30pm Live Music with Josh Long ft. Popcorn & Root beer Social w/Krystal, Genevieve & Dorothy (MVDR) 3:00 Advanced Circuit Training w/Carrie (WCR) **Must see Evon to be signed up	24 9:00am Floor & Core w/Carrie (WCR) 9:45am King Soopers (Eagle Dr.) Shuttle *Sign up with Raquel (WCR) 10:00 Golden Valley Farms Visits (WC) 10:00 Movement for Well Being w/Carrie (WCR) 11:00 All-In One w/Carrie (WCR) 11:00am Devo./hymn sing with Phil (SLC) 1:00 Balance w/Jackie (WCR) 2:00 Drumming w/Jackie (WCR) 2:30 Loveland Village Storytellers Happy Hour (MVDR)	25 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00 Friday Fitness (WCR) No Music and Motion Today 1:00pm Friday Afternoon Crafters(GR) *resident-led* 1:30pm Game Time (GM) *resident-led* 1:30pm BINGO w/Krystal (SC) 2:00pm Devorah the Therapy Dog with Redeemer Lutheran Visits (WC) No Country Swing with Today Sukkot Begins	26 9:30 Trains on the Railroad (Grounds) 12:30pm Social Bridge (Wellness Center)
27 10:30am Worship Service (in the SLC and live streamed on GS14)	28 9:00 Line Dancing (WCR) 9:00am Water Aerobics (Pool) 10:00 iPad/iPhone Class w/Trent (GR) 10:00 Loveland Choral Society "Classic Broadway" (SLC) 11:00 Watercolor Memories (SC) 11:00 Strength Training w/Jackie (WCR) 11:00 Out to Lunch "AKA Kitchen" ** (WC) 12:30pm Ping Pong Open Play w/ Phil (SC) 1:00 Hearing Aid Clinic** Sign up w/Krystal 1:00 Movement & Memory w/Jackie (WCR) 1:30pm Game Time (GM) *resident-led* 2:00 Balance w/Jackie (WCR) 3:00 Advanced Circuit Training w/Carrie	29 9:00am Floor & Core w/Carrie(WCR) 10:00 Movement for Well Being w/Carrie -WC 11:00 All-In One w/Carrie (WCR) 12:00 GSS Resident Choir **Must Sign Up with Erin 1:00 Balance w/Jackie (WCR) 1: 00 Grief Support w/Phil (SLC) 1:30 BINGO w/Genevieve (SC) 1:45pm Walmart Shuttle *Sign up with Raquel (WC) 2:00 Drumming w/Jackie (WCR) 3:00pm Alzheimer's Association Support Group (GR)	30 9:00am Water Aerobics (Pool) 9:30 Trains on the Railroad (West Grounds) 11:00 Strength Training w/Jackie (WCR) 1:00 Movement & Memory w/Jackie (WCR) 1:30pm Game Time (GM) *resident-led* 2:00 Balance w/Jackie (WCR) 3:00 Advanced Circuit Training w/Carrie (WCR) **Must see Evon to be signed up			

September 2026

Senior Living Activities

Legend: MVDR (Mountain View Dining Room, WC (Welcome Center), SLC (Spiritual Life Center), SC (Sunshine Cove), GR (Great Room), GM (Game Room), VW (Village Wide), VC (Village Corner), TC (Town Center), PV (Pavilion), WCR (Wellness Classroom)

** Indicates signup is required. **Your Activities Team is: Erin Andre (970-624-5484) Krystal Daigle (970-624-5498) Genevieve McCarthy (970-624-5473) Zarita Apple (970-624-5473) Whitney Kissel (970-624-5472) Michelle Miller (970-624-5472) **ALL ACTIVITIES SUBJECT TO CHANGE**