

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<h1>May 2026</h1>						<p>9:00 Line Dancing (WC) <b>1</b></p> <p>9:00am Water Aerobics (Pool)</p> <p>9:30 Morris Dance "May Day" (SLC)</p> <p>10:00 Friday Fitness (WC)</p> <p>1:00pm Friday Afternoon Crafters(GR) <i>*resident-led</i></p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>1:30pm BINGO w/Krystal (SC)</p> <p>3:00pm Live Piano Performance and Name That Song w/John Melton (SLC)</p> <p style="text-align: center;">May Day</p>	<p><b>2</b></p> <p>12:30pm Social Bridge (Wellness Center)</p>
<p><b>3</b></p> <p>10:30am Worship Service and Communion (in the SLC and live streamed on GS14)</p>	<p><b>4</b></p> <p>9:00am Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00am "Once Upon a Year" - Presentation by Jim Willard (SLC)</p> <p>11:00am Strength Training w/Jackie (WC)</p> <p>12:00pm Ping Pong Open Play w/ Phil (SC)</p> <p>1:00pm Movement &amp; Memory w/Jackie (WC)</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>1:45pm Sprouts Shuttle *Sign up with Raquel</p> <p>2:00pm Balance w/Jackie (WC)</p> <p>3:00pm Advanced Circuit Training w/Carrie <b>**Must see Evon to be signed up</b></p>	<p><b>5</b></p> <p>9:00am Floor &amp; Core w/Carrie(WC)</p> <p>9:30 Auxiliary Meeting (SLC)</p> <p>10:00 Movement for Well Being w/Carrie -WC</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>1:00 Balance w/Jackie (WC)</p> <p>1:30 BINGO w/Zarita (SC)</p> <p>1:45pm Walmart Shuttle *Sign up with Raquel</p> <p>2:00 Drumming w/Jackie (WC)</p> <p>2:00pm Science with Ken (VC)</p> <p>2:00 Cinco de Mayo Pop Up Stand (TC)</p> <p style="text-align: center;">Cinco de Mayo</p>	<p><b>6</b></p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00am Art Class with Helena</p> <p>10:00am Easy Needleworking w/Donita (VS)</p> <p>11:00am Strength Training w/Jackie</p> <p>1:00pm Movement &amp; Memory w/Jackie</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>2:00pm Balance w/Jackie</p> <p>2:30pm Big Time Live Music w/Craig Nelsen Ft. Ice Cream Social w/Krystal, Genevieve &amp; Dorothy</p> <p>3:00pm Advanced Circuit Training w/Carrie <b>**Must see Evon to be signed up</b></p> <p>3:30pm The Gospel of Mark w/Chaplain Phil (VC)</p>	<p><b>7</b></p> <p>9:00am Floor &amp; Core w/Carrie (WC)</p> <p>9:45am King Soopers (Orchards) Shuttle *Sign up/Raquel</p> <p>10:00 Movement for Well Being w/Carrie (WC)</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>11:00am Devo./hymn sing with Phil (GR)</p> <p>1:00 Balance w/Jackie (WC)</p> <p>2:00 Drumming w/Jackie (WC)</p> <p>2:30 Honky Tonk Happy Hour with Live Music ft. Eric Golden, Adam Stern, Erin and Crew (MVDR)</p>	<p><b>8</b></p> <p>9:00 Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00 Friday Fitness (WC)</p> <p>10:00 Middle School Patriotic Choir and Dance Performance (SLC)</p> <p>1:00pm Friday Afternoon Crafters(GR) <i>*resident-led</i></p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>1:30pm BINGO w/Krystal (SC)</p> <p>2:00pm Devorah the Therapy Dog with Redeemer Lutheran Visits (WC)</p> <p>3:00 Mother's Day Pop Up Stand: Chocolate and Flowers (TC)</p>	<p><b>9</b></p> <p>12:30pm Duplicate Bridge (Wellness Center)</p>	
<p><b>10</b></p> <p>10:30am Worship Service (in the SLC and live streamed on GS14)</p> <p>3:30pm "Gather and Sing" with Joan and Pat (SLC)</p> <p style="text-align: center;">Mother's Day National Skilled Nursing Care Week</p>	<p><b>11</b></p> <p>9:00 Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>9:30 Memory Maintenance Wellness Program (SLC) <b>**sign up w/Evon</b></p> <p>10:00am iPad/iPhone Class w/Trent (GR)</p> <p>11:00 Strength Training w/Jackie (WC)</p> <p>11:00 Out to Lunch "Cracker Barrel" <b>**</b></p> <p>1:00 Movement &amp; Memory w/Jackie</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>2:00 Balance w/Jackie (WC)</p> <p>3:00 Advanced Circuit Training w/Carrie (WC)</p>	<p><b>12</b></p> <p>9:00am Floor &amp; Core w/Carrie(WC)</p> <p>9:30am Monthly Memorial Service (VC)</p> <p>10:00 Movement for Well Being w/Carrie -WC</p> <p>10:30 Kevin Cook's Nature Talk: (SLC)</p> <p>11:00am All-In One w/Carrie (WC)</p> <p>1:00pm Balance w/Jackie (WC)</p> <p>1:30 BINGO w/Zarita (SC)</p> <p>1:45pm Walmart Shuttle *Sign up with Raquel</p> <p>2:00 Drumming w/Jackie (WC)</p> <p>3:00pm Alzheimer's Association Support Group (GR)</p>	<p><b>13</b></p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00am Immanuel Lutheran Devotions (SLC)</p> <p>10:00am Easy Needleworking w/Donita (VS)</p> <p>11:00 Strength Training w/Jackie (WC)</p> <p>1:00 Movement &amp; Memory w/Jackie</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>2:00 Balance w/Jackie (WC)</p> <p>2:30pm Live Music with Josh Long ft. Popcorn &amp; Root beer Social w/Krystal, Genevieve &amp; Dorothy</p> <p>3:00 Advanced Circuit Training w/Carrie (WC)</p> <p><b>**Must see Evon to be signed up</b></p> <p>3:30pm The Gospel of Mark w/Chaplain Phil (VC)</p>	<p><b>14</b></p> <p>9:00am Floor &amp; Core w/Carrie (WC)</p> <p>9:45am King Soopers (Eagle Dr.) Shuttle *Sign up/Raquel</p> <p>10:00am Uniguist University (GR)</p> <p>10:00am Catholic Mass (VC)</p> <p>10:00 Movement for Well Being w/Carrie (WC)</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>11:00am Devo./hymn sing with Phil (SLC)</p> <p>12:00pm Ping Pong Open Play w/ Phil (SC)</p> <p>1:00 Balance w/Jackie (WC)</p> <p>2:00 Drumming w/Jackie (WC)</p> <p>2:30 Game Show Happy Hour w/Jim Willard, Erin and Crew: Wheel of Fortunes - MVDR</p>	<p><b>15</b></p> <p>9:00 Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00 Friday Fitness (WC)</p> <p>10:00 Parkinson's Support Group</p> <p>10:00 Presentation: The First Amendment: Separation of Church and State by Norbert Kleidon (SLC)</p> <p>New Resident Wellness Orientation (WC)</p> <p>1:00pm Friday Afternoon Crafters(GR) <i>*resident-led</i></p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>1:30pm BINGO w/Krystal (SC)</p> <p style="text-align: center;">Armed Forces Day</p>	<p><b>16</b></p> <p>12:30pm Social Bridge (Wellness Center)</p> <p>2:00 pm Christine James Student Recital (SLC)</p>	
<p><b>17</b></p> <p>10:30am Worship Service (in the SLC and live streamed on GS14)</p>	<p><b>18</b></p> <p>9:00 Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00am Veterans Coffee (GR)</p> <p>11:00 Strength Training w/Jackie (WC)</p> <p>12:00pm Ping Pong Open Play w/ Phil (SC)</p> <p>1:00 Hearing Aid Clinic** Sign up w/Krystal</p> <p>1:00 Movement &amp; Memory w/Jackie</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>1:45pm Safeway (Taft) Shuttle</p> <p>2:00 Balance w/Jackie (WC)</p> <p>3:00 Advanced Circuit Training w/Carrie (WC)</p> <p>3:00 Crafts with Lois and Group (SC)</p>	<p><b>19</b></p> <p>9:00am Floor &amp; Core w/Carrie(WC)</p> <p>10:00 Movement for Well Being w/Carrie</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>11:30am Birthday Lunch** (MVDR)</p> <p>1:00 Balance w/Jackie (WC)</p> <p>1:30 BINGO w/Zarita (SC)</p> <p>1:45pm Walmart Shuttle *Sign up with Raquel</p> <p>2:00 Drumming w/Jackie (WC)</p> <p>3:00pm Book Club with the Loveland Library (GR)</p>	<p><b>20</b></p> <p>9:00am Water Aerobics (Pool)</p> <p>9:30 Blood Pressure Clinic (Oasis)</p> <p>10:00am Art Class with Helena** (GR)</p> <p>10:00am Easy Needleworking w/Donita (VS)</p> <p>11:00 Strength Training w/Jackie (WC)</p> <p>1:00 Movement &amp; Memory w/Jackie</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>2:00 Balance w/Jackie (WC)</p> <p>2:30pm Big Time Live Music w/Craig Nelsen Ft. Ice Cream Social w/Krystal, Genevieve &amp; Dorothy</p> <p>3:00 Advanced Circuit Training w/Carrie (WC)</p> <p>3:30pm The Gospel of Luke w/Chaplain Phil (VC)</p>	<p><b>21</b></p> <p>9:00am Floor &amp; Core w/Carrie- WC</p> <p>9:45am King Soopers (Orchards) Shuttle *Sign up with Raquel (WC)</p> <p>10:00 Movement for Well Being w/Carrie (WC)</p> <p>10:00 NOCO Art Workshop (GR)**</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>11:00am Devo./hymn sing with Phil (SLC)</p> <p>12:00 Pizza Party w/Krystal &amp; Genevieve <b>**</b></p> <p>1:00 Balance w/Jackie (WC)</p> <p>2:00 Drumming w/Jackie (WC) all day</p> <p>5:30pm Evening Happy Hour ft. Live Music from the Christo Jazz Trio (MVDR)</p>	<p><b>22</b></p> <p>9:00 Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00 Friday Fitness (WC)</p> <p>1:00pm Friday Afternoon Crafters(GR) <i>*resident-led</i></p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>No BINGO Today</p> <p>2:00pm Devorah the Therapy Dog with Redeemer Lutheran Visits (WC)</p>	<p><b>23</b></p> <p>12:30pm Social Bridge (Wellness Center)</p>	
<p><b>24</b></p> <p>10:30am Worship Service (in the SLC and live streamed on GS14)</p>	<p><b>25</b></p> <p>No Wellness Classes Today</p> <p>NO iPad/iPhone Class Today</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p style="text-align: center;">Memorial Day</p>	<p><b>26</b></p> <p>9:00am Floor &amp; Core w/Carrie(WC)</p> <p>10:00 Movement for Well Being w/Carrie -WC</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>1:00 Balance w/Jackie (WC)</p> <p>1:30 BINGO w/Zarita (SC)</p> <p>1:45pm Walmart Shuttle *Sign up with Raquel</p> <p>2:00 Resident Dining Committee Meeting</p> <p>2:00 Drumming w/Jackie (WC)</p> <p>3:00pm Alzheimer's Association Support Group (GR)</p> <p>5:00 Dinner and a Movie: Movie TBD</p>	<p><b>27</b></p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00am Immanuel Lutheran Bible Study (SLC)</p> <p>10:00am Easy Needleworking w/Donita (VS)</p> <p>11:00 Strength Training w/Jackie (WC)</p> <p>1:00 Movement &amp; Memory w/Jackie "</p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>2:00 Balance w/Jackie (WC)</p> <p>2:30pm Live Music with Josh Long</p> <p>Please Note: No Popcorn &amp; Root Beer Today</p> <p>3:00 Advanced Circuit Training w/Carrie (WC)</p> <p><b>**Must see Evon to be signed up</b></p> <p>3:30pm The Gospel of Luke w/Chaplain Phil (VC)</p>	<p><b>28</b></p> <p>9:00am Floor &amp; Core w/Carrie- WC</p> <p>9:45am King Soopers (Eagle Dr.) Shuttle *Sign up with Raquel (WC)</p> <p>No Golden Valley Farms Visit Today</p> <p>10:00 Movement for Well Being w/Carrie (WC)</p> <p>11:00 All-In One w/Carrie (WC)</p> <p>11:00am Devo./hymn sing with Phil (SLC)</p> <p>12:00 Ping Pong Open Play w/ Phil Today</p> <p>1:00 Balance w/Jackie (WC)</p> <p>2:00 Drumming w/Jackie (WC) all day</p> <p>2:30pm Happy Hour and Live Music w/Billy Scully (MVDR)</p>	<p><b>29</b></p> <p>9:00 Line Dancing (WC)</p> <p>9:00am Water Aerobics (Pool)</p> <p>10:00 Friday Fitness (WC)</p> <p>1:00pm Friday Afternoon Crafters(GR) <i>*resident-led</i></p> <p>1:30pm Game Time (GM) <i>*resident-led</i></p> <p>1:30pm BINGO w/Krystal (SC)</p>	<p><b>30</b></p> <p>12:30pm Social Bridge (Wellness Center)</p>	
<p><b>31</b></p> <p>10:30am Worship Service (in the SLC and live streamed on GS14)</p>	<h1>Senior Living Activities</h1>						

Legend: MVDR (Mountain View Dining Room, WC (Welcome Center), SLC (Spiritual Life Center), SC (Sunshine Cove), GR (Great Room), GM (Game Room), VW (Village Wide), VC (Village Corner), TC (Town Center), PV (Pavilion), JB (Juice Bar) **\*\* Indicates signup is required. Your Activities Team is: Erin Andre (970-624-5484) Krystal Daigle (970-624-5498) Genevieve McCarthy (970-624-5472) Whitney Kissel (970-624-5472) Michelle Miller (970-624-5472) \*\*ALL ACTIVITIES SUBJECT TO CHANGE**