

# Assisted Living



Riverside Assisted Living  
2175 White Pine Point Rd SW  
Pine River, MN 56474  
(218) 587-4333  
good-sam.com

## RATES EFFECTIVE JAN. 1, 2024

**DEPOSITS/FEES:**

Non-refundable Administrative Processing Fee (paid upon acceptance of application).....	\$200.00
Security deposit .....	\$900.00
Unit transfer fee.....	\$200.00
Medical alert device deposit.....	\$50.00

**MONTHLY FEES:**

**\*\*\*For RESIDENTS that are declining services, just the Housing Fee and Base Services Fee will be assessed. The Healthcare Services Fee will not be assessed.\*\*\***

I hereby decline healthcare services \_\_\_\_\_  
(Resident Signature)

\_\_\_\_\_  
(Resident Signature)

Unit Type	Square Feet	Housing Fee (non-optional)	Base Services Fee (non-optional)	Total Monthly Fee (non-optional)
1 bed 1 bath	660	\$1,764.00	\$1,626.00	<b>\$3,390.00</b>

<b>INCLUDED IN HOUSING FEE</b>
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- Private apartment with lockable door that can be personally furnished and decorated
- Spacious floor plans (includes window coverings)
- Utilities (water, sewer, electric, gas, garbage) (telephone not included)
- Individually controlled heating and air conditioning
- General maintenance of the grounds, building, and apartment
- Parking areas located in front of the building
- Controlled security access
- Access to amenities:
  - Spacious great rooms
  - Private meeting spaces
  - Private dining room
  - Four season porch
  - Beauty/barber Shop (extra charge applies per beautician fees)
  - Outdoor sitting area

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## INCLUDED IN BASE SERVICES FEE

- 24-hour qualified staff coverage
- Personal emergency response system with pendant and wall alert panel (for those on services)
- Basic cable television
- Wireless internet access
- Light housekeeping once per week
- Daily trash removal
- Laundry service, two loads one time per week
- One scheduled linen service and bedding change per week
- Tray service for temporary illness for up to 3 consecutive days
- Spiritual ministries, recreational, exercise, and well-being opportunities available and communicated by activity calendar
- Assistance with scheduling appointments and arranging transportation
- Daily well-being checks each shift
- Priority access to Good Samaritan Society Care Center for rehabilitation/therapy/long term care
- Mail delivery to suite

## HEALTHCARE SERVICE LEVELS – ASSISTED LIVING

### **This assisted living community offers Healthcare Service Levels: 1 - 4**

The philosophy of Assisted Living is built on the foundation of promoting and maintaining a resident's highest level of independence and self-sufficiency. Every resident will be assessed by a licensed nurse and assigned a healthcare service level based on the total points of that assessment. While meeting some specific criteria from the identified levels will determine the resident's level of care, it is not essential that the resident meet every criterion listed to be placed into the determined level. Residents will be provided services within their healthcare level based on their assessed needs for those services. Residents will be notified when there is a change in the level of care.

This assisted living community offers Healthcare Services Level 1 – 4. Level 5 services may be offered on a temporary basis or for as long as the location is able to safely accommodate the resident's health care needs. Should a resident be evaluated as needing healthcare services exceeding those provided, discharge to a facility providing a higher level of care will be arranged. The staffing level required for your care cannot compromise or require changes to the overall staffing level at the Community.

# Assisted Living

## HEALTHCARE SERVICES LEVEL 1 .....\$551.00

- 24/7 licensed nurse available to medication aides and universal workers for questions/concerns
- **Registered nurse (RN) Level of Care Evaluation:** minimally on admission, annually, and with changes in condition and/or as required per state regulations or Good Samaritan Society policy
- **Health care coordination:** Physician order management
- **Vital sign monitoring:** monthly vital signs and weights

## HEALTHCARE SERVICES LEVEL 2 .....\$940.00

- **Healthcare Services Level 1+**
- **Vital sign monitoring:** monthly or may include more
- **Medications:** delivery of routine and PRN medications (1-3 medication passes daily)
- **Health care coordination:** managing physician orders and may include scheduling appointments
- **Cognition:** gentle reminders about meals and activities
- **Dressing:** assistance with selection and laying out of clothes (set up) and assistance with adaptive devices
- **Hygiene:** set up and cueing, no hands on assistance
- **Mobility:** resident needs cueing/verbal reminders regarding meals and activities
- **Toileting:** verbal reminders to use the bathroom (no hands on assistance)
- **Nutrition:** may need set up assistance with meals (opening cartons, cutting meat)

## HEALTHCARE SERVICES LEVEL 3 .....\$1,300.00

- **Healthcare Services Level 1 +**
- **Vital sign monitoring:** monthly or may include more
- **Medications:** delivery of routine and PRN medications (up to 4+ medication passes daily), plus the administration of psychotropic medications, controlled medications, anticoagulants and/or suppositories
- **Health care coordination:** managing physician orders and may include scheduling appointments
- **Cognition:** gentle reminders and verbal cues to assist with cognitive impairment (up to 4 times daily)
- **Dressing:** cueing/limited hands on dressing assistance with buttons, snaps, zippers and laces, adaptive devices; includes assisting with putting on/removing TED hose

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- **Hygiene:** shower/bathing assistance includes setup and assistance with hard to reach areas only; does not include stand by assist for entire shower (up to 2x's week)
- **Mobility:** escorts to and from meals and activities
- **Toileting:** occasional incontinence assistance (less than daily)
- **Treatments:** simple wound care (band aid, dry dressings not requiring a nurse)
- **Disease management:** diabetes management with assistance with insulin administration and/or blood sugar checks 1-2 times daily
- **Nutrition:** may need set up assistance with meals (opening cartons, cutting meat)

### HEALTHCARE SERVICES LEVEL 4 ..... \$1,654.00

- **Healthcare Services Level 1+**
- **Vital sign monitoring:** may include monthly or more
- **Medications:** delivery of routine and PRN medications (up to 4+ medication passes daily), plus the administration of psychotropic medications, controlled medications, anticoagulants and/or suppositories
- **Health care coordination:** managing physician orders and may include scheduling appointments
- **Cognition:** needs frequent redirection (> 4 times daily) and cueing related to cognitive impairment
- **Dressing:** hands on assistance with AM and/or PM dressing; resident able to perform some tasks independently
- **Hygiene:** hands on physical assistance of one staff person with showering/bathing (up to 2x's a week), includes stand by assistance during entire shower/bath;
- **Mobility:** needs assistance of one staff person
- **Toileting:** incontinence assistance at least once daily; includes catheter/ostomy care by nurse
- **Grooming:** daily assistance with grooming including hair, makeup and shaving; resident able to complete some independently without staff oversight
- **Personal safety/comfort:** required or requested checks every 4-7 hours
- **Treatments:** includes management and monitoring of nebulizers treatments, oxygen, BIPAP/CPAP and ostomy/catheter care needed by the nurse (no additional ancillary charges for these in Levels 4&5)
- **Disease management:** diabetes management with monitoring of blood sugar checks and/or insulin administration or assistance with insulin administration 3 or more times daily; other health conditions requiring Registered Nurse visits up to two times weekly.

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- **Nutrition:** may need set up assistance with meals (opening cartons, cutting meat)

**HEALTHCARE SERVICES LEVEL 5 ..... \$2,426.00**

- **Healthcare Services Level 1 +**
- **Medications:** assistance with medication passes 4-6 times daily (includes staff tracking/management of controlled medications and monitoring/management of anticoagulant therapy)
- **Vital signs/weight monitoring:** monthly or may include more
- **Health condition monitoring and treatments:** diabetes management with assistance with and/or monitoring of blood sugar checks and/or insulin injections 3 or more times daily; includes management and monitoring of nebulizers treatments, oxygen, BIPAP/CPAP and ostomy/catheter care (no additional ancillary charges for these in Levels 4 & 5)
- **Nutrition:** may need set up assistance with meals (opening cartons, cutting meat)
- **Grooming:** assistance with grooming (washing face, brushing teeth, brushing hair, applying makeup and/or shaving)
- **Dressing/undressing:** total hands on assist with AM, PM and PRN dressing tasks, includes assistance with application/removal of TED stockings/hose
- **Toileting:** total incontinence management, includes assisting with catheter/ostomy cares and bag emptying at least daily (if applicable and varies by location)
- **Mobility/transferring:** needs assistance of one staff person
- **Cognition/behavior:** ongoing staff monitoring, redirection and management for inappropriate behaviors, verbally or physically aggressive/intrusive/ combative behaviors and/or frequently refuses to accept cares
- **Safety/risk:** required or requested checks every 1-3 hours; additional fall risk interventions
- **Laundry:** up to three scheduled loads of personal laundry and two linen changes weekly

The following provides a listing of the assisted living community's ancillary services and associated charges. The a la carte services listed in the **Additional Healthcare Services** section are intended to augment the healthcare service levels to allow for the greatest amount of service provision without unduly placing any resident in a healthcare services level higher than minimally required.

### ANCILLARY SERVICE CHARGES

# Assisted Living

## Additional Home Management

Laundry services (per additional load) .....	\$18.00
Housekeeping services	
Additional light housekeeping services (per 15 min) .....	\$18.00
Professional cleaning services .....	(actual cost)
Additional general maintenance (per 15 min) .....	\$18.00
Repairs, upgrades, alterations .....	(actual cost)
Meal plan – 3 meals per day plus snacks (monthly) .....	\$375.00
Meal – Resident tray service (per delivery) (if due to illness, complimentary up to three consecutive days) .....	\$5.00
Replacing lost apartment key .....	\$25.00
Personal Emergency Response pendant replacement (each) .....	\$220.00
Salon services .....	(rates posted)
Meal - Guest .....	\$15.00
Guest Suite (next door at apartments, as available).....	\$80.00
Copies or faxes (per page, per side) .....	\$0.10
Postage .....	(actual cost)

## Additional Healthcare Services:

Bath/shower with physical assistance: all assisted baths/showers if Levels 1 & 2; > 2 baths/showers/week if Levels 3 or 4; > 3 bath/showers/week if Level 5 (up to 30 min; each) .....	\$35.00
Bath - whirlpool (beyond bathing/showering offered in healthcare service level or per community protocol) (per 30 min; each).....	\$45.00
Foot care, non-diabetic, includes soak, pumice & nail trim (each time) ...	\$39.00
Foot care, diabetic, by RN, includes soak and toe nail trimming (each time)	\$55.00
Injections, nurse assisted, does not include insulin (each) .....	\$30.00
Medications, Warfarin/Coumadin monitoring/management (per month; included in Levels 3 - 5).....	\$237.00
Medications, controlled substance tracking/management (per month; included in Levels 3 - 5).....	\$237.00
Medication passes exceeding 6/day (per month).....	\$300.00
Medication pill box set up (per month, Level 1 only; included in Level 2-5)	\$237.00
Nursing supplies and equipment.....	(established rates)
Personal services by nurse (per 15 min) .....	\$30.00
Personal services by non-licensed nursing staff (per 15 min) .....	\$18.00
Pharmacy, use of non-preferred* (per month) .....	\$165.00
Pharmacy, use of mail order for some or all medications* (per month) ...	\$165.00
Specimen collection i.e. blood draws, urine, stool samples (each) .....	\$35.00
Treatments:	
Assistance with air humidifier maintenance (per month) .....	\$60.00
Assistance with catheter care (per month, included in Levels 4 & 5)	\$330.00
Assistance with CPAP/BIPAP (per month, included in Levels 4 & 5)	\$330.00
Assistance with nebulizer treatments (per month, included in Levels 4 & 5) .....	\$660.00

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Assistance with ostomy care (per month, included in Levels 4 & 5).	\$330.00
Assistance with oxygen therapy (per month, included in Levels 4 & 5)	\$330.00
Assistance with compression/TED stockings/hose (per month, included in Levels 3 – 5) .....	\$330.00

*\*Excludes residents who receive medications directly from the Veterans Administration.*

## **RATES ARE SUBJECT TO CHANGE WITH PROPER WRITTEN NOTICE**



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