



Prairie View Gardens Sample Week Menu

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Ham & Cheese Quiche Scrambled Eggs Bacon or Sausage Toast Fruit Choice of Cereal	Fresh Baked Muffin Eggs Your Way Bacon or Sausage Toast Fruit Choice of Cereal	Cinnamon Rolls Eggs Your Way Bacon or Sausage Toast Fruit Choice of Cereal	French Toast Eggs Your Way Bacon or Sausage Toast Fruit Choice of Cereal	Biscuits & Gravy Eggs Your Way Bacon or Sausage Toast Fruit Choice of Cereal	Breakfast Bread Eggs Your Way Bacon or Sausage Toast Fruit Choice of Cereal	Pancakes Eggs Your Way Bacon or Sausage Toast Fruit Choice of Cereal
Lunch	Pork Roast Bread Dressing with Gravy Glazed Carrots Buttered Capri Blend Vegetables Dinner Roll Cherry Pie	Teriyaki Chicken Stir Fry Fried Rice Egg Rolls Asian Blend Vegetables or Peas Watergate Salad	Open Faced Hot Turkey Sandwich with Mashed Potatoes & Gravy Corn or Green Beans with Onion & Bacon Peach Cobbler	Meatloaf Sweet Potatoes Winter Blend Vegetables with Cheese sauce or Beets Dinner Roll Cheesecake	Smothered Pork Chops Scalloped Potatoes California Blend Vegetable or Brussel Sprouts Chocolate Cake	Spaghetti and Meatballs Garlic Bread Country Blend Vegetables or Creamed Peas Pudding Parfait Tea or Milk	Pizza-Hamburger Pepperoni Or Cheese Side Salad with your choice of Dressing Ice Cream Treats
Dinner	Strawberry and Cream Waffles Bacon or Sausage Scrambled Eggs	Soup of the Day Garlic Biscuit Fruited Jell-O	Sloppy Joes on a Bun Tater Tots Chocolate Mousse	Turkey Bacon Melt Cucumber Salad Potato Chips Cookie	Grilled Sausage Cuts Mac and Cheese Green Beans Sherbet	Chicken Pot Pie Biscuit Winter Blend Vegetables Brownies	Cheeseburger French Fries Lemon Bars
Snack	Choice of snack	Choice of snack	Choice of snack	Choice of snack	Choice of snack	Choice of snack	Choice of snack

