

HOW TO HAVE A SAFE OUTING

By taking safety precautions when you leave home, you can protect yourself and others from COVID-19.



Get vaccinated

- Schedule an appointment or get registered for an appointment to receive your vaccination.
- Vaccinated people have fewer restrictions than unvaccinated people. See CDC website for specific recommendations.



Wear a mask and practice social distancing

- Wear a face mask that covers your mouth and nose.
- Because people can spread the virus without feeling sick, face masks protect others in case you have COVID-19.



- Maintain a distance of at least six feet from others.
- If you're at a small gathering or outdoor event and you've been vaccinated, the CDC has advised that mask-wearing and social distancing do not need to be used.



Practice hand hygiene

- Wash or sanitize your hands frequently, especially before leaving and when you return.
- Avoid touching your eyes, nose and mouth.

HEALTH CARE
**SAFETY
COMMITMENT**

Visit good-sam.com to see how you're protected.



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