

Staying at home *during COVID* — VERSUS — Moving to Independent Living

STAYING AT HOME *DURING COVID*

VS

INDEPENDENT LIVING COMMUNITY



Health is stable but there is concern about what may happen in the future, especially if there is a crisis situation.

Communities offer a variety of service options such as meals, housekeeping and transportation and a continuum of care if additional services are needed in the future.



Shopping, socializing and travel is enjoyable, but it takes additional effort to plan and it's not always safe.

Many communities offer safe fitness options and activities for your well-being.



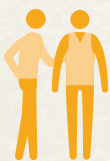
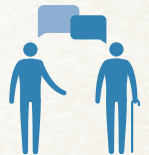
Home maintenance such as yardwork and repairs are time consuming, costly and potentially a health risk.

Maintenance-free living includes repairs and upkeep of indoor and outdoor spaces.



Neighborhood has changed as friends have moved away, causing isolation.

A community of supportive peers with similar interests to help you stay active and engaged through challenges.



Concerned friends and family check in to make sure everything is okay, increasing exposure to COVID-19.

Security of living in a community with safety protocols, staggered move-in dates and personal emergency response systems gives peace of mind.

