Patient Information Sheet: Olanzapine (marketed as Zyprexa)

This is a summary of the most important information about Zyprexa provided by the FDA.

**What is Zyprexa?**

Zyprexa is in a class of medications called atypical antipsychotics. These medicines are approved to treat symptoms of schizophrenia that may include hearing voices, seeing things, or sensing things that are not there, mistaken beliefs or unusual suspiciousness.

Zyprexa is approved to treat mixed or manic episodes in adults who have a condition called Bipolar I disorder.

Zyprexa may be used with lithium or valproate for short-term treatment of acute manic episodes of bipolar disorder.

**What are The Risks?**

The following are the risks and potential side effects of Zyprexa therapy. However, this list is not complete.

- **Increased chance of death in elderly persons.** Elderly patients treated with atypical antipsychotics, such as Zyprexa, for dementia had a higher chance for death than patients who did not take the medicine. Zyprexa is not approved for dementia.
- **A life-threatening nervous system problem called neuroleptic malignant syndrome (NMS).** NMS can cause a high fever, stiff muscles, sweating, a fast or irregular heart beat, change in blood pressure, and confusion. NMS can affect your kidneys. NMS is a medical emergency.
- **A movement problem called tardive dyskinesia (TD).** Characterized by muscle movements that cannot be stopped.
- **High blood sugar and diabetes.** Patients with diabetes or who have a higher chance for diabetes should have their blood sugar checked often.
- **Strokes** have happened in older patients treated for mental illness from dementia. Zyprexa is not approved for this use.
- **Other serious side effects** include low blood pressure seen as dizziness, and possibly fainting; increased heart beat; seizures; liver problems; increased body temperature; and difficulty swallowing.
- **The most common side effects** include sleepiness, dry mouth, dizziness, restlessness, constipation, upset stomach, weight gain, increased appetite and tremor.

**What Should I Tell My Healthcare Professional?**

Before you start taking Zyprexa, tell your healthcare professional if you:

- have or had heart problems
- drink alcohol
- have or had seizures
- have or had diabetes or increased blood sugar
- have or had liver disease
- have a condition called phenylketonuria
- are trying to become pregnant, are already pregnant or are breast-feeding

**Are There Any Interactions With Drugs or Foods?**

Because certain other medications can interact with Zyprexa, review all medications you are taking with your healthcare professional, including those that you take without a prescription. Your healthcare professional may have to adjust your dose or watch you more closely if you take the following medications:

- blood pressure medicines
- omeprazole (Prilosec)
- rifampin
- carbamazepine (Tegretol)
- fluvoxamine (Luvox)
- levodopa (Sinemet) and medicines called dopamine agonists
- Avoid drinking alcohol while taking Zyprexa

**Is There Anything Else I Need to Know?**

Dizziness, and sometimes fainting, caused by a drop in blood pressure may happen with Zyprexa, especially when you first start taking this medicine or when the dose is increased.

Zyprexa may impair judgment, thinking, or motor skills. You should be careful in operating machinery, including automobiles, until you know how Zyprexa affects you.

It is important to avoid overheating and dehydration while taking Zyprexa, as it may make it harder to lower your body temperature.